

Transformations

Christian Counseling Center of Cumberland County



2013 Annual Report

Christian Counseling Center of Cumberland County has had a very busy and productive year.

Although one of our counselors resigned to accept a full time position elsewhere, we also welcomed a new counselor, Kathryn Smylie Burns, Ed.S.

Our Board of Directors implemented a three year Strategic Plan to help focus its efforts on the agency's main priorities:

- Continuing to ensure high quality counseling staff.
- Ensuring the agency's financial stability.
- Increasing public awareness.
- Strengthening agency leadership.
- Expanding availability of affordable counseling services.

Our Newest Service Offering

During 2013, we were richly blessed with many donations and grants to help provide play therapy for the youngest of our area's children. Here Katie Burns, Ed.S. introduces the Play Therapy Center to Leia Stevens, granddaughter of our Executive Director.



2013: A Year of New Endeavors

Now in its 11th year of operation, Christian Counseling Center has concentrated its effort on providing services not readily available in our service area, ensuring financial stability, and strengthening its reputation in the community.

Although Christian Counseling Center has always provided counseling to children, adults, and couples, we have strengthened our ability to serve our clients in several ways:

- ◆ Our pilot project, a satellite office in Sparta, TN, has proven successful and has been made a permanent part of our service offerings.

- ◆ One of our counselors has continued advanced training in an approach to couples therapy that research has shown to be effective.
- ◆ We equipped a Play Therapy Center to provide effective guided play therapy to children as young as age 3.
- ◆ We conducted a preteen girls' self-esteem workshop, one of many such workshops to come.

We were also blessed by the generosity of our community this year. Christian Counseling Center conducted its First Annual Fundraising Event "Happiness Is . . ." on August 24th at

the Palace Theater. That same weekend, a special event "A Night of Fun and Music" was held at Christ Lutheran Church featuring, *kimNdennis*, a husband-wife duo from Michigan. A freewill offering was taken to help us serve our clients.

We also conducted a year-end Annual Appeal Letter Campaign. Over twice as many donors contributed to our cause during that campaign than in our 2012 campaign.

To all of you who contributed to our work, we thank you. With your help, more clients can be helped to heal and to lead full, meaningful lives.

Our Board of Directors

Deborah Allingham
Member at Large

Don Chrobot
St. Francis of Assisi

Ed DeVries
Member at Large
Sallie Guy
Westminster Presbyterian
Connie Hall
FFG United Methodist
Kleah Jacques
Christ Lutheran

Bud Jones
Christ Lutheran
Ron Patterson
First United Methodist
Joan Raker
FFG United Methodist
Sandy Sandula
First United Methodist

Nan Sharp
FFG United Methodist
Patty Smith
FFG Community
Fred Wong
FFG Community

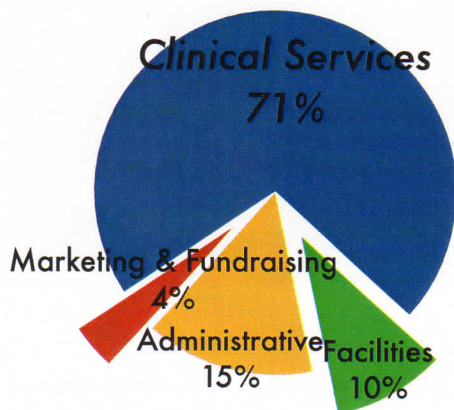
Serving Our Clients in 2013

Total number of Clients Served*	146
Total number of new clients	106
Percentage increase over 2012	20%
Median income in TN	\$44,140
Median Income in our service area	\$33,480
Median Income of our clients	\$25,000
Clients reporting no income	12%
Percentage of TN population below poverty line	17.3%
Clients with income below the poverty line	28%
Clients eligible for Food Stamps	35%
Average hourly fee our clients paid	\$27.72

* Clients can be an individual, couple, or family.



Where the Money Went in 2013



Annual Report for 2013



Christian Counseling Center
of Cumberland County
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Crossville, TN 38555
931-707-8200
www.cccotp.org

Christian Counseling Center is a 501(c)(3) nonprofit agency. We are partially funded by six area churches, generous grants from United Fund, Baptist Healing Trust, Community Foundation of Middle TN, VECustomers Share, MR Foundation and individual donor contributions.

Our Clients in 2013

Our clients come from many places. Last year one-third of our clients found us through the personal recommendation of a friend or former client. Another third were referred through medical offices, churches, nonprofits, and government agencies. And almost 20% of our new clients found us on the Internet and through our web site, www.cccotp.org.

And they bring many issues. Over 20% of our clients suffered from depression, a few considered suicide before coming, another 20% had relationship concerns, 12% wanted help with parenting or children's behavior issues, over 12% were dealing with anxiety and life stressors, 7% were concerned about substance use in a family member or themselves, and 5% were grieving a loss. Almost 20% of our clients were children and teens.

Thank you for helping fund this ministry in 2013

Source of Donations	Amount
Christ Lutheran	\$2,500
FFG Community Church	\$750
FFG United Methodist	\$3,500
First United Methodist, Crossville	\$600
St. Francis of Assisi	\$2,000
Westminster Presbyterian	\$400
VECustomers Share Grant	\$1,000
United Fund Grant	\$10,000
Baptist Healing Trust Transom Grant	\$1,950
Community Foundation Grant	\$250
MR Foundation Grant	\$1,850
Fundraising	\$8,581
Individual and Organization Contributions	\$8,877

Need a Speaker?

Our Clinical Director is available to speak to your organization or church group on a variety of mental health topics or to introduce Christian Counseling Center's services. Call us at 931-707-8200.